

Kelly Jerome, LPCA, NCC, CRC

288 East St. Suite 1001-F4
www.fresh-aircounseling.com

EDUCATION

- M.S. Clinical Rehabilitation and Mental Health Counseling** **2017**
The University of North Carolina, Allied Health Services, Chapel Hill, NC
- Graduate Coursework in Sociology** **2012-2013**
Duke University, Durham, NC
- B.A. with Highest Distinction, Psychology, Minor in Sociology** **2011**
A.A. with Distinction Human Services
Purdue University Calumet, Hammond, IN
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CLINICAL AND PROFESSIONAL EXPERIENCE

Fresh Air Counseling **Dec 2017-Present**
Board Certified Mental Health Counselor and Therapist

- Provide mental health and career counseling, psychoeducation, and psychotherapy for individuals and groups of diverse cultural orientations in a safe, affirmative space
- Collaborate with clients to develop person-centered strategies toward behavior change, career exploration, personal growth, and self-awareness
- Meet clients where they are; introduce and follow through with interventions including CBT, MI, ACT, CFT, Intuitive Eating Counseling, existential therapy, grief therapies, nature-based counseling, and some elements of DBT
- Connect clients with community resources to support their social, psychological, physical and spiritual needs; refer clients to specialists as needed
- Visit local retirement communities for pro-bono Animal Assisted Therapy Group

On Track Technologies, Inc. **Dec 2017-March 2018**
Senior Living DevOps Specialist

- Collaborated with executive management, engineering, and software developers to introduce, test, and refine cloud-based healthcare solutions for older adults and individuals with disabilities
- Researched and implemented HIPAA/HITECH procedures and policies
- Served as consultant for technological solutions for older adults
- Designed presentations and white papers for customer demonstrations

State of North Carolina Vocational Rehabilitation Services **Aug 2017-Nov 2017**
Rehabilitation Counselor

- Provided vocational and supportive counseling services for high school students with emotional, physical, mental, and developmental disabilities
- Managed caseload of 65+ students and recent graduates throughout year
- Communicated student needs with parents, school, and community personnel
- Arranged, interpreted, and documented psychological assessments for service eligibility
- Assisted with coordination of special community events, including job fairs
- Developed person-centered IPEs and served as community connection for social, psychological, and physical health resources

UNC Memorial Hospital Center for Transplant Care **Aug 2016-May 2017**
Clinical Intern

- Assisted clinical psychologist within interdisciplinary kidney and liver transplant team
- Administered, scored, and interpreted psychological assessments
- Interviewed and participated in psychosocial evaluations for kidney donors and kidney

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and liver transplant candidates to assess fitness for surgery and potential barriers to transplantation and follow up care

- Attended organ selection meetings with interdisciplinary transplant team and communicated candidate recommendations
- Developed person-centered treatment plans for I/OP with various psychiatric diagnoses
- Provided psychotherapy and psychoeducation for I/OP using various interventions including CBT, MI, ACT, Reminiscence Therapy, and Supportive Therapy
- Documented patient evaluations and progress notes in EPIC platform EMR
- Assisted patients with community resources to best support mental and social needs

UNC, Clinical Rehabilitation and Mental Health Counseling
Merit Scholar Graduate Assistant and Research Assistant

Aug 2015-May 2017

- Supported division faculty with office administration and special events planning
- Reviewed scholarly literature and created conference presentations
- Assisted faculty with IRB proposals, submissions, and revisions
- Collaborated with other divisions of Allied Health in conducting research activities
- Interviewed participants for funded research projects: “Testing Novel Measures of Community Function and Participation in Adults with Cerebral Palsy” and “Examining Person and Environment Factors Associated with Community Participation for Adults with Autism Spectrum Disorder”

Duke University Department of Sociology, Durham
Teaching Assistant and Research Assistant

Aug 2012- Apr 2013

- Assisted professors with curricula for undergraduate Sociology courses
- Met with students and provided coursework guidance
- Researched food security issues in Middle-East and North Africa
- Collaborated with faculty for health disparity research in underserved populations

St. Joseph's Carmelite Home for Girls, East Chicago, IN
Intern to Licensed Social Worker and Child Therapist

Dec 2010-May 2011

- Observed and assisted Master's level therapist with individual child therapy in residential treatment center and emergency shelter
- Supervised family visits with child residents
- Attended court hearings and advocated on behalf of child residents
- Entered therapy, family visit, and counseling notes into children's service plans

Centier Bank, Merrillville, IN

June 2004-June 2012

Operations Officer, Section Manager, IT Help Desk Supervisor

- Demonstrated initiative and responsibility for associate and client satisfaction and cost containment in areas of online banking, electronic and paper statement handling, research, mail services, scanning and document handling, information technology, and client service including email, telephone and chat support
 - Mentored, coached, and empowered individuals and teams with goal-oriented plans
 - Provided patient, empathic problem-solving assistance for associates and clients
 - Played key role in collaborations with peers, upper management, and vendors in written and verbal capacities to meet strategic and tactical goals
 - Served as mediating party in resolving internal associate and external client conflicts
 - Investigated associate needs and advocated for appropriate accommodations
 - Assisted bank associates in troubleshooting and resolving various IT issues
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PROFESSIONAL HONORS, CERTIFICATIONS, AND VOLUNTEER ORGANIZATIONS

- Member, Access to Comprehensive Health Services Subcommittee, Chatham County, 2018-present
- Task Force Member and Practice Subcommittee Member, Association for Adult Development and Aging, 2018-present
- Licensed Professional Counselor Associate, State of NC, 2017-present
- National Certified Counselor, 2017-present
- Certified Rehabilitation Counselor, 2017-present
- Member, NC Licensed Professional Counselors Assn., 2017-present
- Basic Life Support Provider (CPR and AED), American Heart Assn. 2016-present
- Member, American Counseling Association, 2016-present
- Companion Volunteer, A Helping Hand, Durham, 2016-present
- Member, Rehabilitation Counselors Association, UNC Chapel Hill, 2015-present
- Volunteer, UNC Center for Excellence in Mental Health, 2015-present
- UNC Graduate School Merit Scholarship and Assistantship Recipient, 2015-2016
- Dean's List and Semester Honors, Purdue University, 2005-2011
- Family Sponsor, The Volunteer Center, Durham, 2014-present
- Volunteer, Animal Protection Services of Durham, 2013-2017
- Outstanding Student Award, Purdue University Calumet, 2011
- Member and Treasurer, Psi Chi International Honors Society in Psychology, Purdue University Calumet Chapter, 2010-2011

SPECIAL SKILLS AND ATTRIBUTES

- Proven abilities with verbal and written communications in healthcare and other professional environments
- Comfort providing counseling and therapeutic interventions for individuals of different developmental and life stages, cultural backgrounds, and abilities
- Experience providing empathic, respectful, culturally sensitive, and person-centered counseling and therapy in both inpatient and outpatient settings
- Knowledge of and experience using evidence-based and client-centered counseling interventions for individuals with developmental and psychiatric disabilities. Models include: CBT, ACT, Gestalt Therapy, Complicated Grief Therapy, Motivational Interviewing, Reminiscence Therapy, Nature-based Counseling, Compassion Focused Therapy
- Familiarity with Dialectical-Behavioral Therapy, SFBT, Existential Therapies, Cognitive Processing Therapy
- Special knowledge of EBP for treatment of Complicated Grief in older adults
- Experience administering, scoring, and interpreting several measurement instruments: General Ability Measure for Adults, PAI, various depression and anxiety inventories, PROMIS, Pain Catastrophizing Scale, MOCA, various Complicated Grief Assessments
- Job Analysis and Transferable Skills Analysis experience
- Spanish and French language skills (reading, writing)
- Organized and lead Job Club for graduate school cohort
- Developed group therapy manual "Group Therapy for Older Adults with Complicated Grief"

PEER REVIEWED PUBLICATIONS, RESEARCH PAPERS, AND INVITED TALKS

- Invited Talk (2019, March) "*Let it Rain: Working with Performance Anxiety for Vitality.*" Elize Syndor Dressage Boot Camp, Siler City, NC.
- **Jerome, K.** (2018, August). "*Integrating Existential Theory with Evidence-Based Grief*"

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Counseling for Older Adults.” Paper presented at the annual meeting of the Association of Adult Development and Aging, Washington, D.C.

- **Jerome, Kelly,** & Sweeney, Kathryn A. (2013). “*Birth Parent Portrayals in Children’s Adoption Literature*”. *Journal of Family Issues* (*published online before print-in press*)
- **Jerome, K.** (2017). “*Integrating Existential Theory with Evidence-Based Grief Counseling for Older Adults.*” Proposed and defended for completion of M.S.
- **Jerome, K.,** “*Internet-Delivered Counseling Options for Older Adults with Mood Disorders*” Scientific Poster Presentation Bill Downey Poster Award Nominee, to be presented at Annual Meeting of the National Council on Rehabilitation Education, Anaheim, CA, April 21, 2017.
- Schmidt, J., Graves, K., & **Jerome, K.** (2016, August). “*Older Adults and Vision Loss: Practical Information for Successful Service Delivery*” Training conducted for ILR at NC Department of Services for the Blind.
- Invited Talk (2013, March) “*Graduate Life Experience.*” Purdue University Calumet Department of Behavioral Sciences, Hammond, IN.
- **Jerome, K.,** & Sweeney, K. “*Birth Parent Portrayals in Children’s Adoption Literature.*” Paper presented at the annual meeting of the Midwest Sociological Society, March 2013, Chicago, IL
- Nalbone, D. P., Tuohy, A., **Jerome, K.,** Boss, J. Fentress, A., & Thomas, N. (2011, May). “*Impact of time perspective and mortality salience on climate change attitudes.*” Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL
- Boss, J. Fentress, A., **Jerome, K.,** & Tuohy, A. (2011, April). “*Impact of time perspective and mortality salience on attitudes toward climate change.*” Paper presented at the Purdue University Calumet Research Days, Hammond, IN